



EPISTEMOLOGI

Jurnal Pengabdian Masyarakat dan Penelitian

<https://jurnal.rahiscendekiaindonesia.co.id/index.php/epistemologi>



THE DIRENESS OF ISLAMIC COUNSELING DIRECTION IN INSTRUCTION IN INDONESIA SMP AL-AFKARI DELISERDANG

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KEYWORDS

Position, Urgency, and Learning

A B S T R A C T

This consider points to recognize the position and criticalness of counseling instructional exercises in learning applications. Methods This inquire about employments writing audit investigate strategies (library investigate). Counseling instructional exercises do have a critical position and part for understudies. The position of instructional exercises and counseling is exceptionally supportive in making strides the quality of learning. Since these instructional exercises tutorials instructional exercises. Synonyms and counseling can offer assistance discover arrangements to issues that happen within the world of learning. As is well known, in learning exercises in counseling instructional exercises which are found as an indispensably portion of the totality of learning exercises in schools, in their application, they have several operational designs, particularly within the current climate where schools or official learning educate not as it were to supply understudies with a heap of information. as it were but moreover plans understudies to meet the requests of alter and advance that occur in society. So the part of counseling instructional exercises in learning could be a put or institution to oblige and resolve understudy issues that cannot be obliged and settled by teachers.

INTRODUCTION

Humans are creatures who have the knowledge and think, humans also have unique characteristics, different from other creatures in their development. The form of this diversity is that individuals have the freedom to choose and develop themselves according to their uniqueness and potential without causing conflict with their

environment. In terms of individual uniqueness and diversity, guidance is needed to help each individual achieve a healthy development in their environment.

Guidance and counseling are assistance efforts to show optimal human development both in groups and individually by the nature of humanity with various potentials, advantages, and disadvantages as well as problems. This is in line with Winkel's opinion that guidance and counseling is a process of providing assistance or assistance to individuals in terms of understanding themselves, connecting their understanding of themselves, determining and preparing plans according to their self-concept and environmental guidance. (WS Winkel 2006, 29).

As for the world of education, guidance and counseling are one component of education. Education is an essential process to achieve individual personal goals and ideals. Article 3 of the Law of the Republic of Indonesia No. 20 of 2003 concerning the National Education System states that national education functions to develop capabilities and shape the character and civilization of a dignified nation in the context of educating the nation's life, aiming at developing the potential of students to become human beings who believe and fear God. God Almighty, has a noble character, is healthy, knowledgeable, capable, creative, independent, and becomes a democratic and responsible citizen.

The law is in line with the general purpose of guidance and counseling is to help individuals develop themselves optimally according to their developmental stage and predispositions (such as basic abilities and talents). (Anwar Sutoyo 2007, 24). Education is all efforts of power and all efforts to make people develop human potential so that they have religious-spiritual strength, self-control, personality, intelligence, noble character, and have the skills needed as members of society and citizens.

According to Thohirin & Arifin, education is essentially a conscious effort to develop a lifelong personality both in schools and madrasas. Education also means the process of helping individuals both physically and spiritually towards the formation of the main personality (quality personality). (Thohirin & Arifin, 5). About Islamic guidance and counseling, it is one component of education, given that Islamic guidance and counseling is an activity of assistance and guidance given to individuals to become human beings who develop in education and form personalities that are useful in life, have noble moral qualities. , believe and fear God Almighty.

Guidance and counseling are one of the components of education, given that guidance and counseling is an activity of assistance and guidance given to individuals in general and students in particular in schools to improve their quality. Guidance services are an integral part of the educational program and because most of the piles of problems faced by students stem from the diversity of learning demands at school. So, school counselors must know the field of school education concretely.

From the background of the problem above, it can be seen the urgency of guidance and counseling in education which will be described in the sub-discussion, namely the function of guidance services in overall school education, the purpose of guidance in schools, factors that become the background of guidance and counseling in education and the role and position of guidance counseling.

If the ultimate goal of education is the formation of a complete human being, then the educational process must be able to help students achieve emotional and social maturity, as individuals and members of society in addition to developing their intellectual abilities. Guidance and counseling deal with problems or matters outside the field of teaching, but indirectly support the achievement of the goals of education and teaching at the school. This activity is carried out through special services for all students to develop and utilize their abilities to the fullest (Mortensen & Schemuller,

1969).

METHOD

This research is qualitative research using the descriptive method. , the descriptive method is to make a description of the situation, symptoms, facts, or events systematically and accurately about a particular nature or population. This research is classified as field research (Field Research). Field Research is an investigation carried out in the field or research location, which is a place chosen as the location for scientific reports. The method used in this research is the descriptive analytical method, which describes and describes all the problems that exist in general, then analyzes, classifies, and tries to find solutions which include recording and elaborating on existing problems based on the data collected.

This research was conducted using the purposive sampling technique because it was adapted to the research needs. In a study, data collection techniques are needed, so this research was carried out in three ways, namely: (1) observation (2) interviews, and (3) documentation studies. Data analysis is the process of systematically searching and compiling data obtained from interviews, field notes, and other materials so that they can be easily understood. Data analysis in qualitative research is carried out before entering the field, while in the field, and after finishing in the field.

RESULTS AND DISCUSSION

The Relationship of Guidance and Counseling to Education in Schools

Guidance and counseling is one component in the overall education system, especially in schools, teachers as one of the supporting elements of education implementers who have responsibilities as supporters of implementing educational guidance services in schools, are required to have adequate insight into the basic concepts of guidance and counseling at school. Guidance and counseling itself is one very important element, which is one element that must be available in an educational institution, namely schools. In reality, the Counseling Guidance which is expected to be well implemented in schools does not work as expected.

The responsibility of the school is to help students, both as individuals and as potential members of the community, by educating and preparing students to successfully adapt to society, be competent, independent, and able to solve various problems they face. The essence of the purpose of education itself is the development that occurs in the personality of students both academically and optimally in their social life and the development of students as individuals. So the implication of the role of Guidance and Counseling in schools themselves is to assist the success of educational programs in general, to help sustain the implementation of teaching and learning activities in schools. Therefore, the existence of Guidance and Counseling in schools is very important for improving the quality of education, especially in Indonesia. In addition, to provide quality education, it is not enough just to interact and transfer knowledge from teachers to students, subject matter, theories, and various other cognitive aspects. Realizing quality education is also needed and must be supported by the professionalism of educators, administrative staff as well as other auxiliary personnel who support the implementation of education. And as an addition which of course is also very important in the element of education.

In this case, it can also be explained that there are at least three components that support the implementation of education, namely: a good program, which means that programs or things that are planned for the sustainability of the implementation of education for both the students themselves, and for the education itself, must have goals and strive to achieve them as best as possible. Second, smooth administration and supervision, which makes it possible to expedite teaching and learning activities in a school, and administrative chaos will also affect the education implementation process which is expected to be carried out as optimally as possible. Lastly, directed guidance services, it is very emphasized that there are guidance services for students that are directed and regularly.

Guidance and Counseling are two meanings related to the profession of assisting in the form of guidance and assistance to individuals or groups of individuals who experience difficulties in education, choosing majors, positions, personal difficulties, and adjustment to society and the environment. However, in this case, the meaning of guidance and counseling will be explained in an Islamic way. Etymologically the word guidance is a translation of English "Guidance". The word "Guidance" is a word in the form of masdar (noun) which comes from the verb "to guide" which means to show, guide, or lead others to the right path. (Samsul Munir Amin 2010, 3). In other words, guidance is the process of giving direction, assistance, guiding, guiding someone to a good path to success.

While the meaning of guidance for students is to give advice and suggestions from a person or group of teachers to students, in a broad sense, school guidance is a planned program and activity that aims to help students determine and implement excellent plans and achieve satisfactory adjustments. in their academic and personal life. (Sudarwan Danim 2010, 144-145). Counseling is an integral part of the guidance. Counseling is also one of the techniques in guidance. Counseling is at the core of guidance. Some say that counseling is the heart of guidance. As the core activity or the heart of guidance, guidance practice can be considered non-existent if counseling is not carried out. According to Tohirin Counseling can mean contact or reciprocal relationships between two people (counselor and client) to deal with client problems, supported by the expertise and in an atmosphere of harmony and integration, based on applicable norms for purposes that are useful to clients. (Thohirin & Arifin, 25).

Counseling is a form of helpful relationship. The meaning of assistance here is an effort to help others so that they can grow in the direction of their choosing, be able to solve the problems they face and be able to overcome the crises experienced in their lives. (Syamsu Yusuf and Junika Nurihsan 2011, 9). Based on the above opinion, the meaning of counseling is the process of assisting individuals to help individuals to be able to adjust and grow in a better direction and be able to solve the problems they face. While Islamic Guidance and Counseling is the same as the meaning of counseling guidance, it's just that Islamic guidance and counseling in its implementation is based on religious values, as explained by HM, Arifin quoted by Imam Sayuti Farid stated that religious guidance and counseling are all activities what is done by a person in assisting others, who are experiencing spiritual difficulties in their environment so that the person can overcome on his own because of the emergence of awareness or surrender to the power of God Almighty so that there arises in him a light of hope, the happiness of living in the present and the future. (Imam Sayuti Farid 2007, 25).

Meanwhile, according to Thohari Musnamar regarding the conceptual Islamic counseling guidance, it is explained that Islamic guidance is the process of assisting

individuals so that they can live in harmony with Allah's provisions and instructions so that they can achieve happiness in life in this world and the hereafter. Then Islamic counseling is the process of assisting individuals so that they are aware of their existence as God's creatures which should be in harmony with God's provisions and instructions so that they can achieve happiness in this world and the hereafter. (Tohari Musnamar 1992, 5).

Based on this opinion, it can be concluded that Islamic guidance and counseling are all forms of efforts to assist others, both individually and in groups, both with problems and without problems, so that they get happiness and prosperity in their lives both now and in the future.

1. Purpose of Islamic Guidance and Counseling

Every human development and survival, various services are created that are useful to facilitate and have a positive impact. Islamic counseling helps individuals to be able to deal with problems as well as can help develop the positive aspects of the individual. In short, the purpose of Islamic counseling, in general, is to help the counselee to have knowledge of his position and have the courage to make decisions, to do an act that is considered good, right, and beneficial for his life in this world and the benefit of the hereafter.

According to Achmad Mubarok, the objectives of Islamic guidance and counseling are as follows: 1) Helping the counselee so as not to face problems 2) Helping the counselee to overcome the problems that are being faced 3) Helping the counselee to maintain and develop situations and conditions that are good or that have been good so that they remain good, so that it will not be a source of trouble for himself and others. (Achmad Mubarok 2000, 91).

The goal to be achieved through Islamic guidance and counseling is that the nature given by God to individuals can develop and function properly, so that they become kaffah individuals, and are gradually able to actualize what they believe in everyday life, which appears in the form of obedience. to the laws of Allah in carrying out the duties of the caliphate on earth, and obedience in worship by obeying all His commands and avoiding all His prohibitions. (Anwar Sutoyo, 207).

The objectives of guidance and counseling related to academic (learning) aspects are 1) Have awareness of one's potential in the aspect of learning, and understand the various obstacles that may arise in the learning process they are experiencing. 2) Have positive attitudes and study habits, such as the habit of reading books, being disciplined in learning, paying attention to all lessons, and actively participating in all programmed learning activities. 3) Have a high motivation for lifelong learning. (Farid Hasyim and Mulyono 2010, 69).

In addition to the objectives as mentioned above, guidance and counseling in Islam also have objectives which can be stated in detail as follows: 1) To produce a change, improvement, health, and mental and mental cleanliness. The soul becomes calm, docile, and peaceful, (muthmainnah), is open-minded (radhiyah), and gains enlightenment, Taufik, and the guidance of his Lord (Mariya). 2) To produce a change, improvement, and courtesy, behavior that can provide benefits, both to oneself, the family environment, the work environment, as well as the social environment and the natural surroundings. 3) To produce a sense of intelligence (emotional) in individuals so that a sense of tolerance, solidarity, help, and compassion will emerge. 4) To produce spiritual intelligence in the individual so that a sense of desire arises and develops a desire to obey his Lord, sincerity

to obey all His commands, and the steadfastness to accept His tests. 5) To produce divine potential, so that with that potential the individual can carry out his duties as caliph properly and correctly, he can cope well with various life problems, and can provide benefits and safety for his environment in various aspects of life. (Samsul Munir, 43). it can cope well with various life problems and can provide benefits and safety for the environment in various aspects of life. (Samsul Munir, 43). it can cope well with various life problems and can provide benefits and safety for the environment in various aspects of life. (Samsul Munir, 43).

Functions of Islamic Guidance and Counseling

Functions of Islamic Guidance and Counseling Include:

- a) Understanding Function, namely the BK function to help students have an understanding of themselves (potential) and their environment (education, work, and religious norms). (Sudarwan Denim, 148)
- b) Preventive, namely the counselor's efforts to always anticipate various problems that may occur and try to prevent them from being experienced by students. (Syamsu Yusuf and Juntika, 16). Through this function, counselors guide students on how to avoid actions or activities that endanger them. The techniques that can be used are orientation services, information, and group guidance. Some problems that need to be informed to students in preventing the occurrence of unexpected behavior.
- c) Adaptation function, namely the function of assisting education implementers, to adapt educational programs to educational backgrounds, interests, abilities, and individual needs. (Achmad Juntika Nurihsan, 9). By using adequate information about individuals, mentors/counselors can assist teachers in treating individuals appropriately, both in selecting and compiling the material to be delivered.
- d) Healing function (Curative), namely the function of curative guidance and counseling. This function is closely related to efforts to assist counselees who have experienced problems, both regarding the personal, social, study and career aspects. The technique that can be used is counseling and remedial teaching. (Farid Hasan and Mulyono, 61).
- e) Adjustment Function, namely the guidance function in helping individuals (students) to be able to adjust themselves dynamically and constructively to educational programs, school regulations, or religious norms. (Syamsu Yusuf and Juntika, 17).
- f) Prevention function, namely the function of guidance and counseling that will result in the prevention or avoidance of students from various problems that may arise that will interfere, hinder, or cause difficulties, these losses in the process of development.
- g) Maintenance function, namely the function of guidance and counseling to help counselees to be able to take care of themselves and maintain a conducive situation that has been created in them.

The main function of guidance and counseling in Islam which is related to psychology cannot be separated from spiritual issues (beliefs). Islam guides individuals so that they can return to the guidance of the Qur'an and as-Sunnah.

The focus of Islamic guidance and counseling in addition to providing improvement and healing at the mental, spiritual or psychiatric, and emotional stages, as expressed in

the word of God: wayuzakkihim (and purifying them), then continuing the quality of guidance and counseling materials to education and development by instilling values and revelations as a way of life and living life, individuals will get divine discourses on how to overcome problems, anxiety and anxiety, make good and beautiful communication relationships, both vertically and horizontally. And at the same time, individuals will have the ability to al-Hikmah, namely methods or ways to appreciate the secrets behind various events in life in a conscientious, empirical, and transcendental sense. With the ability and mature understanding of the Qur'an and al-Hikmah, individuals will automatically be spared and prevented from things that can damage and destroy their existence and essence, both live in this world and live in the hereafter. (Samsul Munir, 51).

2. Education

The term education when viewed in English is education, derived from the Latin *educare*, which can be interpreted as continuous guidance. So it can be said that the etymological meaning reflects the existence of education that lasts from generation to generation throughout the existence of human life. Theoretically, experts argue first: for humans in general, education takes place 25 years before birth. That opinion can be defined as that before marriage, anyone must educate themselves first before educating their offspring. Second: for individual humans, education starts from the time the baby is born, even from the time he is still in the womb. (Suparlan Suharto 2007, 77).

DefinitionThe above illustrates that in essence education is carried out far from the time of birth. Where before and after birth humans are required to carry out the educational process. All humans everywhere must seek knowledge. Because only with knowledge will humans be raised by Allah SWT. Meanwhile, according to Law no. 20 of 2003, Education is a conscious and planned effort to create a learning atmosphere and learning process so that students actively develop their potential to have religious-spiritual strength, self-control, personality, intelligence, noble character, and skills needed by themselves, society, nation, and country. Djumarsih also argues that education is a human effort to grow and develop innate potentials, both physically and spiritually by the values that exist in society and culture. (M. Djumarsih 2004, 22).

Based on some of these opinions, it can be concluded that education is a conscious effort carried out as a means to form the main personality who can practice Islamic teachings in daily life by applicable norms.

Education must be guiding, educating, and teaching teachings to students both physically and spiritually so that they develop and grow in harmony. To fulfill these expectations, education must begin as early as possible, so that it can penetrate the hearts of students or children so that they can live, understand, practice Islamic teachings in an orderly and correct manner in their lives.

3. The Urgency of Islamic Counseling Guidance in Education

The existence of Islamic counseling guidance held in educational institutions has a very vital urgency because it is related to the Islamic moral development of students in the context of personality development. Through Islamic counseling, students are not only guided and advised on how they should behave and behave but also how students realize their role as Muslims who need the presence of God. So, students are guided to further increase worship for peace of mind and be able to control emotions, because

peace of mind will bring clarity of mind so that it is not easily fragile when faced with a problem.

Education is also essentially a conscious effort to develop a personality that lasts a lifetime, both in schools and madrasas. Education also means the process of helping individuals both physically and spiritually towards the formation of a quality personal main personality, in the context of Islam education means guidance on spiritual and physical growth according to Islamic teachings with the wisdom of directing, teaching, training, nurturing and supervising the application of all Islamic teachings. (Thohirin & Arifin, 5).

So it can be concluded that Islamic counseling guidance is an aspired educational goal. With the existence of Islamic Guidance and Counseling in an educational institution, it can help an education that aims to humanize humans to become religious individuals to be very focused. This is in Aunur's opinion that guidance and counseling in schools are oriented to efforts to facilitate the potential development of the counselee, which includes personal, learning, and career aspects or is related to the development of the counselee as a creature with a biopsychosocial-spiritual dimension (biological, psychological, social and spiritual). (Auburn Rahim Faqih 2001, 35-36). by law no. 20 of 2003, namely: having faith and piety to God Almighty, having noble character, having knowledge and skills.

CONCLUSION

Islamic Guidance and Counseling held in educational institutions has a very important role in efforts to foster students' morals based on Islamic values, including the values of faith, Islam, and Ihsan. Islamic Guidance and Counseling is also a process of providing continuous assistance to an Islamic guidance and counseling service that seeks to help individuals learn to develop nature or return to nature by empowering faith, reason, and the potential that God has given them to learn God's guidance. and His Messenger, so that the fitnah that exists in individuals develops properly, by the guidance of Allah SWT,

The importance of Islamic Guidance and Counseling in education is an effort to help individuals to become human beings who develop in terms of education and form useful personalities in life who have various insights, views, choices, adjustments, and skills that are by themselves and their environment. So the urgency of Islamic Guidance and Counseling is very important to achieve goals, development, and optimization in the educational process. In addition, the existence of Islamic guidance and counseling in education help individuals realize themselves as complete human beings to achieve happiness in the hereafter.

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